

## **ATHLETIC PHYSICAL EXAMINATION REQUIREMENT**

- A current physical examination form must be on file with the school nurse in order to participate.
- The examination expires 13 months from the date of the examination.
- When the physical examination expires the student-athlete is athletically ineligible to practice and/or compete.
- Student-Athletes and their parents are responsible for knowing the expiration date of their physical.

**\*\*Note:** A new state blue form, revised 4/2010, can now be used for both mandated 10<sup>th</sup> grade physicals and sports physicals. This form is available in the nurse's office, the main office or online at:

[http://www.guilford.k12.ct.us/~ghs/athletics/documents/HealthAssessmentRecord3\\_2010revised.pdf](http://www.guilford.k12.ct.us/~ghs/athletics/documents/HealthAssessmentRecord3_2010revised.pdf)