

ATHLETIC PHYSICAL EXAMINATION REQUIREMENT

- A current physical examination form must be on file with the school nurse in order to participate.
- The examination expires 13 months from the date of the examination.
- When the physical examination expires the student-athlete is athletically ineligible to practice and/or compete.
- Student-Athletes and their parents are responsible for knowing the expiration date of their physical.

****Note:** An important distinction in physical examination requirements is that the State of CT Department of Health Assessment Record (Grade 10 Physical Exam) **cannot be used instead of the sports participation physical exam.** The Sports Physical Exam must be documented on **The Sports Participation Health Record.** This form is available in the nurse's office, the main office or online at: http://www.guilford.k12.ct.us/~gpssports/sports_physical_exam.pdf